



MASSAGE TREATMENTS

The Registered Massage Therapy (RMT) Relaxation Massage will receive an insurance receipt at the end of your treatment.

Registered Massage Therapy – Relaxation Massage

60 Min – 135

Registered Massage therapy works by soothing soft tissue and encouraging relaxation. The massage therapist uses various techniques, to enhance function, aid in the healing process, and promote relaxation and well-being. The treatments are covered by all major insurance companies through workplace benefits.

All below treatments are performed by an esthetician – No insurance receipt – Not available for pregnant women as it can put the babies health at risk.

Reiki Release Massage

60 Min – 120

Start your treatment off with a 20 minute full body Reiki Treatment followed by a 40 minute relaxation massage to release energy buildup in the body. Reiki is a Japanese practice used to reset the chakras and clear energy out of the body. Reiki can resolve emotional distress and allow a healing energy to flow throughout the body. This can also relax the body and minimize tension.

Deep Pressure Massage

60 Min - \$115

This treatment is a full body relaxation massage with deeper pressure that adjusts to your preference. This massage helps loosen the muscles all over the body to reduce pain, stiffness and release stress. *This is not a deep tissue massage

Back, Neck & Shoulder

60 Min - \$115

It will loosen the muscles in the back and shoulders where tension exists. Allowing your body to unwind during a Back, Neck & Shoulder Massage will get rid of stiffness and promote deep relaxation. By speeding up circulation over a wide area of the body, more fresh, oxygenated blood will nourish the tissues, relieving aches and aiding tissue recovery and repair.

Relaxation Massage

60 Min - \$110

Pamper yourself with this traditional, full body Relaxation massage, using light to medium pressure, to relax aching muscles and stimulate circulation. Your skillful and nurturing therapist uses a combination of long strokes and gentle stretches intended to bring you to the ultimate state of relaxation.

Aromatherapy Massage

60 Min - \$125

Discover the ancient art of aromatherapy refined over the centuries. Experience the therapeutic powers of essential oils in a relaxing massage that incorporates the healing powers through the sense of smell and touch. Helps to naturally increase circulation, while nourishing the skin.

Hair & Scalp Massage

60 Min - \$115

A gentle hair and scalp massage with aromatic organic essential oils that has been infused with the healing rays of the moon. Helps to improve circulation and delivery nutrition and strength to the hair and scalp. As well as receiving a scalp massage, the soft tissues of the neck and shoulders are gently mobilized and stretched, helping to ease tension and restore joint movement.

BODY TREATMENTS

Aromatherapy Body Polish

60 Min - \$125

First you are introduced with a dry brush all over the back of the body to eliminate any dead skin cells. Followed by a mild invigorating sugar exfoliation to polish the body. The body is then covered in hot towels to remove any remaining scrub and warm the body. You are then introduced with hot aromatherapy oil over the back of your body for a light massage. The aromatherapy oil will provide deep hydration of the skin leaving your skin silky smooth at the end of this service. This invigorating scrub exfoliates and softens leaving your skin fresh and smooth while stimulating circulation. Your skin is rendered radiantly healthy and youthfully restored.

Aromatherapy Body Wrap

60 Min – \$145

Your choice of essential oil. The body is wrapped in an aromatherapy hot oil bath. While the body is cocooned in the body wrap you will have a nice scalp and head massage. This allows the body to absorb the oil while detoxing the body. Followed by a light back massage to push the hydration deeper into the skin.

Buttermilk Hydrating Body Wrap

60 Min - \$145

Buttermilk is a natural exfoliator and hydrator. Buttermilk natural does a light exfoliation of the skin from its naturally produced AHAs. This helps to eliminate dead skin and increase the speed of the body's healing process. Buttermilk will hydrate the skin with its high moisture content. Buttermilk is known to heal, rejuvenate and repair sun damage naturally.

FACIALS

Classic Deep Hydration Facial

60 Min - \$145

This is a relaxation deep cleaning facial. This facial consists of a relaxing three step deep cleanse and exfoliation. You are then relaxed with a nice facial, décolleté and neck massage. You will then have a customized mask prepared to address your skin's needs. During this time you will enjoy a scalp, arm and hand massage. Finishing with hot towels and deeply moisturizing facial cream. Leaving your skin glowing, hydrated and relaxed.

Deep Cleansing Clarifying Facial

60 Min - \$170

This facial is a deep cleansing facial that includes both chemical and physical exfoliation. You will enjoy a four step cleaning and exfoliating ritual to unclog the pores, eliminate any dead skin cells and allow the skin to breathe again. You will receive a clay mask to help extract out blackheads and other pore blockages, while enjoying a scalp, arm and hand massage. You will finish the facial with a purifying skin infusion and a calming finishing cream leaving your skin clean, glowing and purified.

CANCELLATIONS POLICY

All bookings must be guaranteed with a credit card or a pre-payment. Cancellation with less than 12 hours notice will be billed at 100% of the scheduled appointment.

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